



Trans Expansive 101

Metro Trans Umbrella Group

Welcome

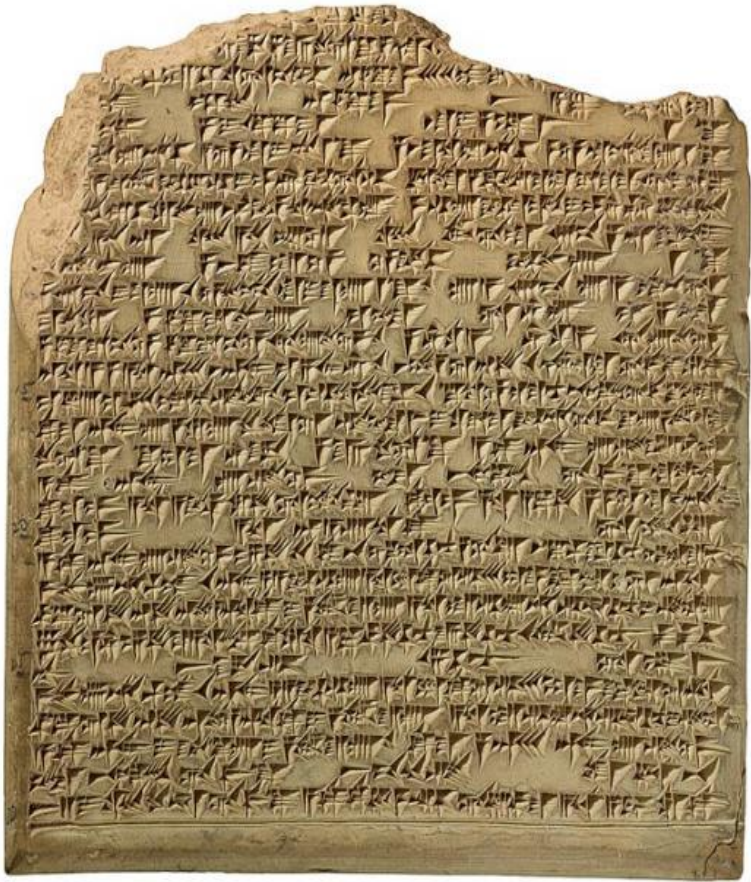
This is a space to learn and engage.

Questions are encouraged!

Challenge your assumptions.



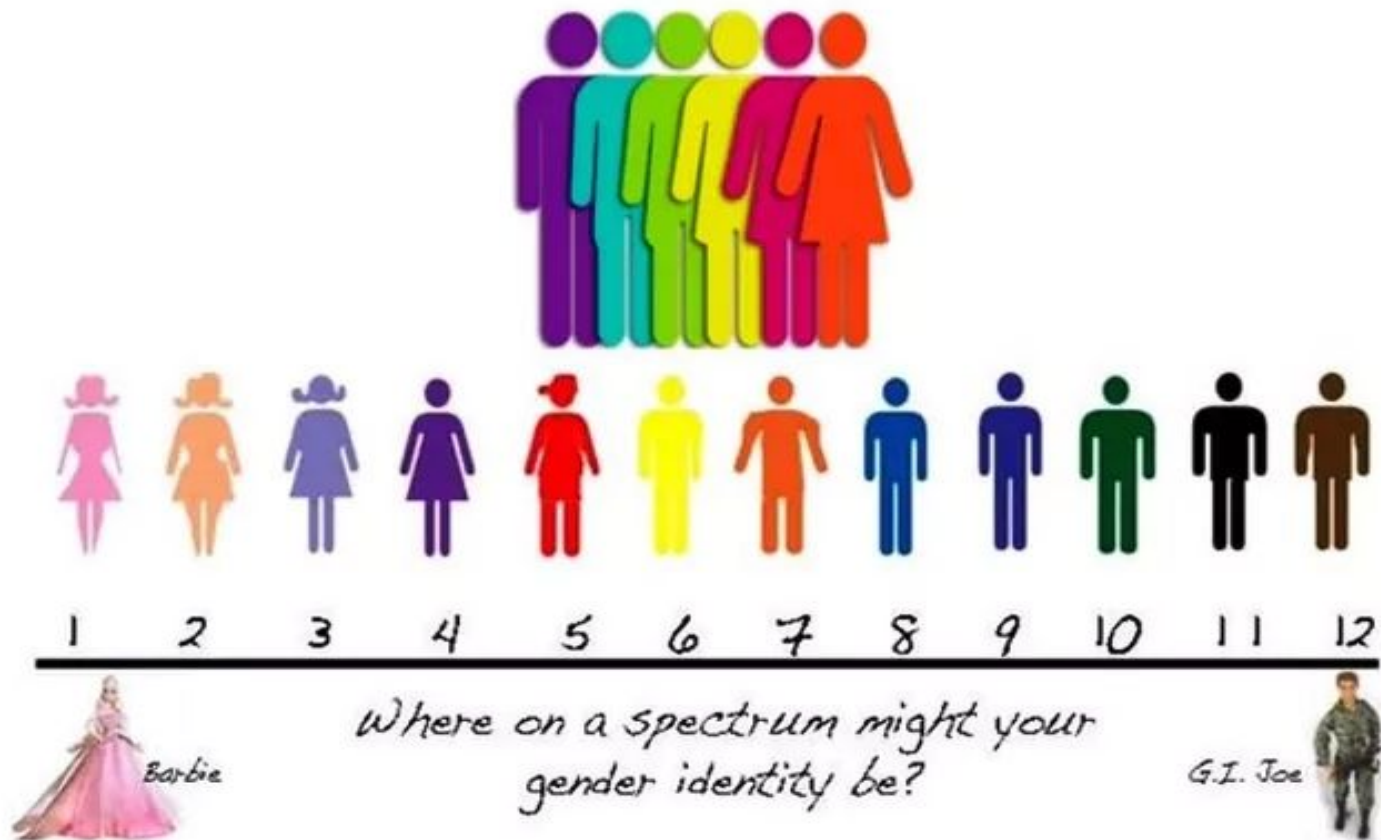
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Language is always changing.

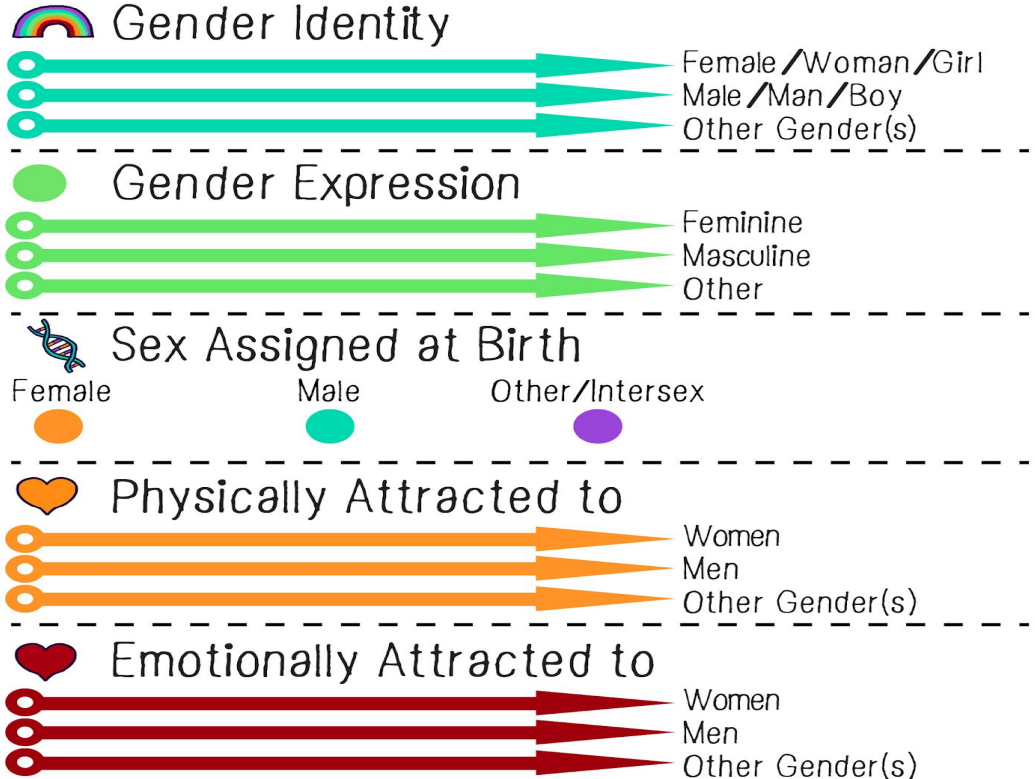
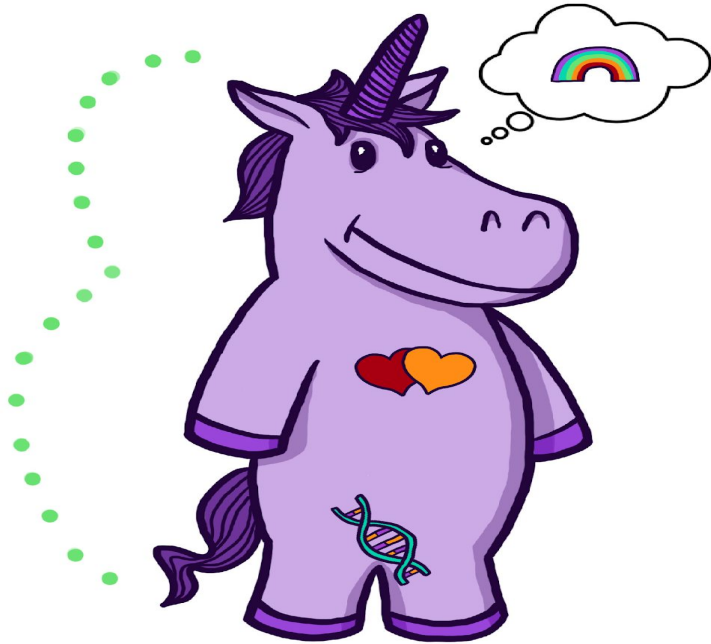


The Gender Spectrum



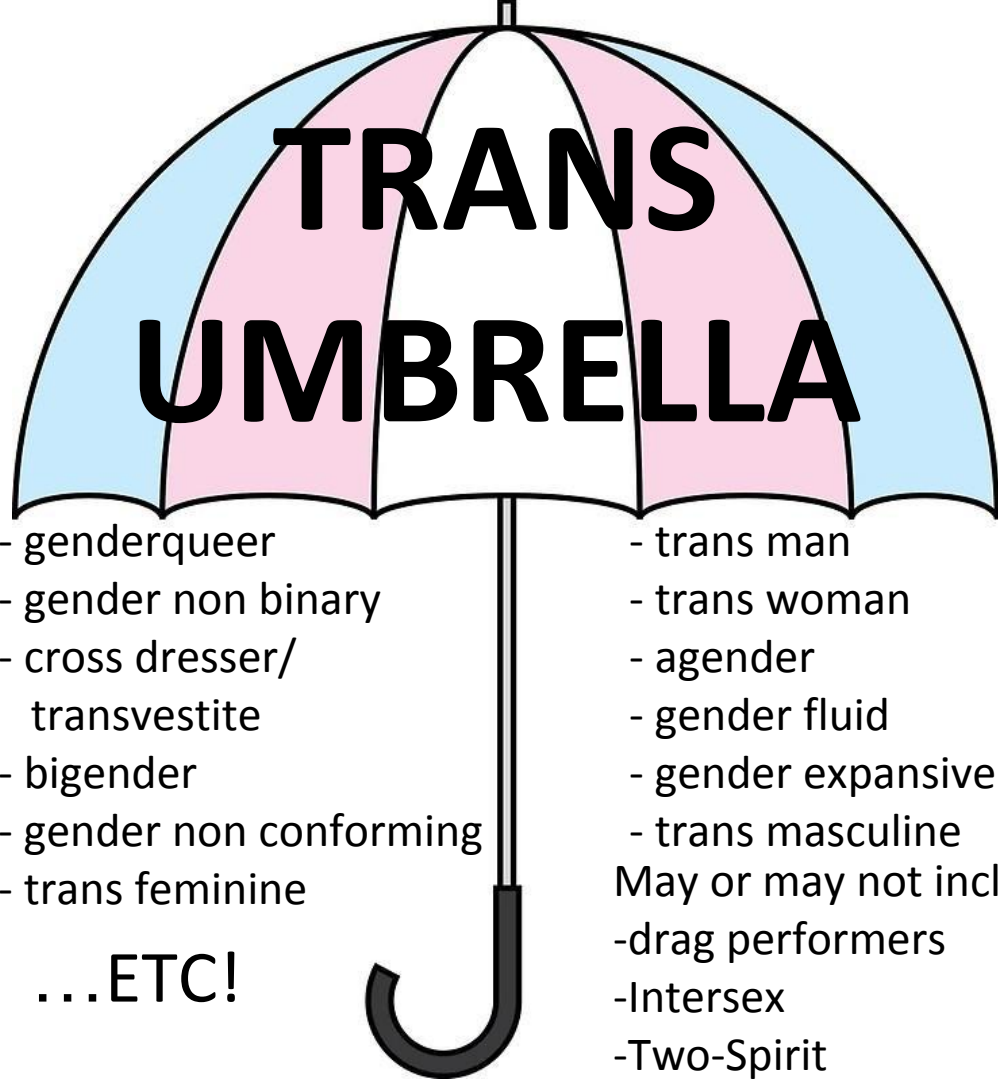
The Gender Unicorn

Graphic by:
TSER
Trans Student Educational Resources



To learn more, go to:
www.transstudent.org/gender

Design by Landyn Pan and Anna Moore



- genderqueer
- gender non binary
- cross dresser/
transvestite
- bigender
- gender non conforming
- trans feminine

...ETC!

- trans man
 - trans woman
 - agender
 - gender fluid
 - gender expansive
 - trans masculine
- May or may not include:
- drag performers
 - Intersex
 - Two-Spirit

TRANSGENDER:
Umbrella term (adj.) for people whose gender identity and/or gender expression differs from the sex assigned at birth and/or societal expectations thereof.

CISGENDER:
“Cis-” = “same as”
Term for people whose gender identity is the same as the sex assigned at birth.

NON-BINARY IDENTITIES

NO GENDER

BOTH GENDERS

NEITHER GENDER

COMBINATION

THIRD GENDER

ETC...



Pronouns: Become Familiar & Practice

Gender Pronouns

Please note that these are not the only pronouns. There are an infinite number of pronouns as new ones emerge in our language. Always ask someone for their pronouns.

Subjective	Objective	Possessive	Reflexive	Example
She	Her	Hers	Herself	She is speaking. I listened to her. The backpack is hers.
He	Him	His	Himself	He is speaking. I listened to him. The backpack is his.
They	Them	Theirs	Themselves	They are speaking. I listened to them. The backpack is theirs.
Ze	Hir/Zir	Hirs/Zirs	Hirself/ Zirself	Ze is speaking. I listened to hir. The backpack is zirs.

[t transstudent.tumblr.com](https://www.tumblr.com/transstudent)

[f facebook.com/transstudent](https://www.facebook.com/transstudent)

[t twitter.com/transstudent](https://twitter.com/transstudent)

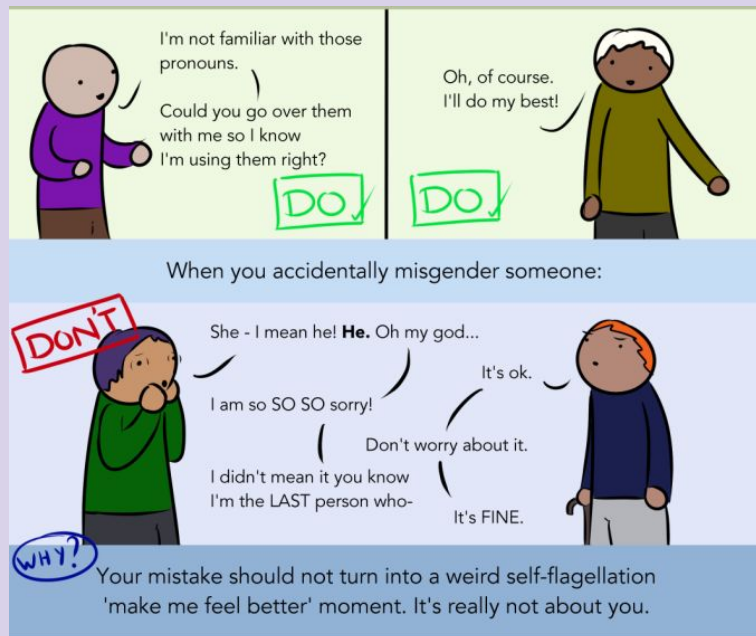
Design by Landyn Pan

For more information,
go to transstudent.org/graphics

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IF YOU ARE IN DOUBT ASK!

- Example of inclusive language “Hello my name is John, I identify as male and use he -him. What is your name and your pronouns?”
- Remove “preferred pronouns” from your language
 - **Pronouns are pronouns**
- Remember it is an I-dentity not a U-dentity
- Setting a tone of inclusivity is vital, most Trans and GNB humans would prefer you ask rather than assume.



THE REPORT OF THE

2015

U.S.

TRANSGENDER

SURVEY

IS HERE!



2015 U.S. TRANSGENDER SURVEY REPORT

Read this document. It is the most comprehensive survey to date in the United States. 27,715 respondents from across the US

- *Pervasive Mistreatment and Violence

- *The Compounding Impact of Other Forms of Discrimination

- *Harmful Effects on Physical and Mental Health

- *Severe Economic Hardship and Instability

<http://www.ustranssurvey.org/reports>

SUICIDE AND TRANSGENDER AND GNB POPULATION

According to surveys, 4.6 percent of the overall U.S. population has self-reported a **suicide** attempt, with that number climbing to between 10 and 20 percent for lesbian, gay or bisexual respondents. By comparison, 41 percent of trans or gender non-conforming people surveyed have attempted **suicide**. Mar 5, 2015

Transgender Suicide Attempt Rates Are Staggering - Vocativ

www.vocativ.com/culture/lgbt/transgender-suicide/

Transgender – GNB 41%

HARASSMENT AND VIOLENCE

- 46% of respondents were verbally harassed in the past year because of being transgender.
- Nearly one in ten (9%) respondents were physically attacked in the past year because of being transgender.
- Nearly half (47%) of respondents were sexually assaulted at some point in their lifetime and one in ten (10%) were sexually assaulted in the past year.
- Nearly one-quarter (24%) have experienced severe physical violence by an intimate partner, **compared to 18% in the U.S. population.**

HEALTHCARE

- In the past year, 23% of respondents did not see a doctor when they needed to because of fear of being mistreated as a transgender person.
- 33% did not see a doctor when needed because they could not afford it.

Anecdotal :: Many Trans humans seeking care have to educate provider about their bodies. In a vulnerable space they become the caretaker- educator not the client

HEALTHCARE DISPARITIES

- One-third (33%) of those who saw a health care provider in the past year reported having at least one negative experience related to being transgender, with higher rates for people of color and people with disabilities. This included being refused treatment, verbally harassed, or physically or sexually assaulted, or having to teach the provider about transgender people in order to get appropriate care.

STATISTICS AND BARRIERS COMMON TO TRANS NARRATIVE

- Nearly one-quarter (23%) of respondents experienced some form of housing discrimination in the past year, such as being evicted from their home or denied a home or apartment because of being transgender.
- Nearly one-third (30%) of respondents have experienced homelessness at some point in their lives. •

LOCAL BARRIERS FOR TRANS EXPANSIVE ADULTS

- No HRT services on a sliding scale
- Planned Parenthood's local scope is emerging as a provider for trans folks
- No free therapy for trans adults, only peer led support
- Informed consent is the exception, not the norm
- Missouri laws for gender marker changes are moving targets
- Bathroom bills

"PEOPLE HAVE TO
UNDERSTAND THAT PEOPLE
ARE PEOPLE. WE JUST WANT
TO BE OURSELVES."

- SYLVIA RIVERA



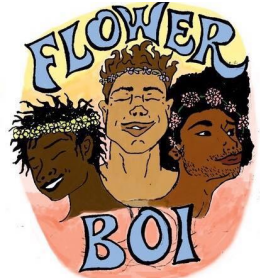


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Local Landscape

Transgender Advocacy in St. Louis





MTUG was gifted a house in early 2018. It serves as a space to gather , meet and have offices. Most importantly it serves as the main outreach center for our programs.



What does support for unhoused humans look like in St. Louis?





Workshops that empower authenticity.





Avoid Non Pliments.....

Wow! For a woman / man you “pass” really well.

You look so much better than this other trans person I know.

I would have never guessed you were “really” born or are a woman/man.

If you did this You would “pass” so much better!

Trans people are so sexy!

Everyone is trans these days!!





**An ally's best
tool: A Journey
Story**

LOCAL RESOURCES

Metro Trans Umbrella Group Adults 18 and over social-emotional support

Transgender Memorial Garden

Trans Queer Flat

St Louis Children's Hospital Gender Center

Transparent

PFLAG (St Charles and Ferguson)

Growing American Youth

The Spot



THE MTUG
TELETHON
ON FACEBOOK & YOUTUBE

LIVE

Connect with
Metro Trans
Umbrella Group

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Facebook - MetroTransUmbrellaGroup

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