



THE EPISCOPAL CHURCH OF THE
HOLY COMMUNION

Sundays in the second half of Lent

March 11 and 18, 2018



10:30 AM Service Bulletin

Please leave this booklet in the basket in the entryway as you leave;
it will be reused throughout the next weeks.

Our Mission Welcome to The Episcopal Church of the Holy Communion, a welcoming and diverse community seeking to walk in the way of Jesus and to reveal Christ's reconciling love in our city, nation, and world.

Can I receive Communion? Yes. Whoever you are, wherever you find yourself on the journey of faith, you are welcome to receive the bread and wine made holy.

Are children welcome? We like to say we expect *everyone* to act their age. Acting your age as a little one can mean restlessness in worship. Wiggles and giggles are welcome too! Children learn by watching adults worship. There are coloring sheets and quiet books at the back of the church. Our chapel is a sound-proof place to bring a crying infant, or a boisterous toddler, with windows into the church and speakers broadcasting the sound from the service. Ask an usher if you need any assistance. Children are invited to children's chapel after the Gospel until the Peace.

How do I find my way around? There is a map by the Welcome Table in the main entryway (on the East side of the church). Also, feel free to ask anyone around you for directions, or help navigating the service.

Where are the restrooms? There are single-user, all-gender restrooms in the Lounge, through the main (East) door, and through the next glass door. There are gendered, larger restrooms downstairs (take the elevator or stairs at the end of the long hallway in front of that entrance). Changing tables are available in the downstairs restrooms or in the nursery.

Is there wheelchair accessibility? Yes. Our entrances have auto-open buttons, and our elevator is ADA compliant. Both the downstairs restrooms and one of the upstairs restrooms are accessible. Everyone is invited to remain seated during the service as they need.

What about hearing assistance? We can help there, too. Hearing assistance devices are available from the ushers. Just ask.

How do I get involved? If you begin by filling out a "Connect Card" in your pew, or at the Welcome Table, we'd be glad to keep you up to date with all that goes on here. You can also use the Connect Cards to update your information, request prayers, or to ask a question.

Become a member. All are welcome to be here and to explore. If you would like to learn more and meet interesting people, consider joining in Pilgrimage, the Rector's classes for newcomers and explorers. Read more on the website or email the rector or to sign up (mangell@holycommunion.net).

The congregation is invited to hold silence before worship.

Entrance Hymn *Please stand.*

see insert or hymn board

The acolytes, choir and clergy process from the baptismal font to the altar as we sing a hymn from the Blue Hymnal 1982 or the black and red "Lift Every Voice and Sing: an African-American Hymnal." You'll find all the hymns listed in the weekly insert.

A Penitential Order

Bless the Lord who forgives all our sins;

God's mercy endures for ever.

Summary of the Law *Please continue to stand.*

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: love your neighbor as yourself. There is no other commandment greater than these."

Let us confess our sins against God and our neighbor.

All are invited to kneel as they are able, or alternatively to remain standing.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Kyrie *Sung three times by all, kneeling.*



Lord, have — mer - cy, Christ, have — mer - cy.

Lord, have — mer - cy, have mer - cy, O Lord.

Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

The Ministry of the Word

The Collect of the Day

see insert

The Lord be with you.

And also with you.

Let us pray.

*The presider prays the prayer of the day. The People respond: **Amen.***

1st Lesson *Please be seated*

see insert

After the Lesson the Reader says:

The Word of the Lord.

Thanks be to God.

Psalm *All sing the refrain after the choir, and where indicated.*

see insert

2nd Lesson

see insert

After the Lesson the Reader says:

The Word of the Lord.

Thanks be to God.

Sequence Hymn: *Please stand*

The congregation is invited to sing "Come Bring Your Burdens to God" as the Gospel reader and acolytes process to the middle of the assembly.

Wo - za nom - thwa - lo wa - kho, wo - za nom -
Come, bring your bur - dens to God, come, bring your
thwa - lo wa - kho, wo - za nom - thwa - lo wa - kho U -
bur - dens to God, come, - bring your bur - dens to God for
ye - s'a - ka - so - za - thi hayi.
Je - sus will ne - ver say no.

The Holy Gospel

see insert

The Holy Gospel of our Lord Jesus Christ according to _____.

Glory to you, Lord Christ.

After the Lesson the Gospel reader says:

The Gospel of our Lord.

Praise to you, Lord Christ.

The congregation is invited to sing "Come, Bring Your Burdens to God" again following the Gospel reading.

The Sermon *Please be seated at the invitation of the Preacher.*

The Nicene Creed *Please stand as we recite a historic translation of the ancient formula for faith.*

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit, he became incarnate from the Virgin Mary,
and was made man. For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *Please stand or kneel*

The Leader and People pray responsively

With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For Michael, our Presiding Bishop; for George Wayne, our Bishop; for our partners in the church in El Salvador; for *[a church or ministry in the diocesan cycle of prayer]*; let us pray to the Lord.

Lord, have mercy.

For all who are in authority, and all who govern in the nations of the world; let us pray to the Lord.

Lord, have mercy.

For this City of St. Louis, for every city and community and those who live in them; and for [those] celebrating a birthday this week; let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, [especially...] let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

You are invited to add your own prayers, silently or aloud.

In the communion of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To you, O Lord our God.

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

The Peace *please stand*

The peace of Christ be always with you.

And also with you.

You are invited to greet those around you by saying "Peace be with you" or simply "Peace."

Welcome and Announcements *please be seated for a few brief announcements*

Offertory Anthem *The choir or musicians present an anthem as the plates are passed.*
If you would like to know more about our theology of giving, or how our gifts are used, please visit
holychommunion.net/giving or speak to a clergy person.

Offertory Hymn *All Who Hunger, Gather Gladly*
Please stand and sing as the ushers bring forward our financial offering.

The image shows a musical score for a hymn. It consists of four systems of music, each with a treble clef and a 4/4 time signature. The lyrics are written below the notes. The first system has three numbered lines of lyrics. The second system has three lines of lyrics. The third system has three lines of lyrics. The fourth system has three lines of lyrics. The music is written in a simple, melodic style.

1 All who hun-ger gath-er glad-ly; ho-ly man-na is our bread.
2 All who hun-ger, nev-er stran-gers, seek-er, be a wel-come guest.
3 All who hun-ger, sing to- geth-er, Je- sus Christ is liv- ing bread.

Come from wil-der-ness and wan-d'ring. Here in truth we will be fed.
Come from rest-less-ness and roam-ing. Here, in joy we keep the feast.
Come from lone-li-ness and long-ing. Here, in peace, we have been fed.

You that yearn for days of full-ness, all a-round us is our food.
We that once were lost and scat-tered in com-mun-ion's love have stood.
Blest are those who from this ta-ble live their days in grat-i-tude.

Taste and see the grace e-ter-nal. Taste and see that God is good.
Taste and see the grace e-ter-nal. Taste and see that God is good.
Taste and see the grace e-ter-nal. Taste and see that God is good.

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Music: *Holy Manna*, from *The Southern Harmony*, 1835; acc. Margaret Mealy © Praise Publications.
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The Ministry of the Table

The Lord be with you.

And also with you.

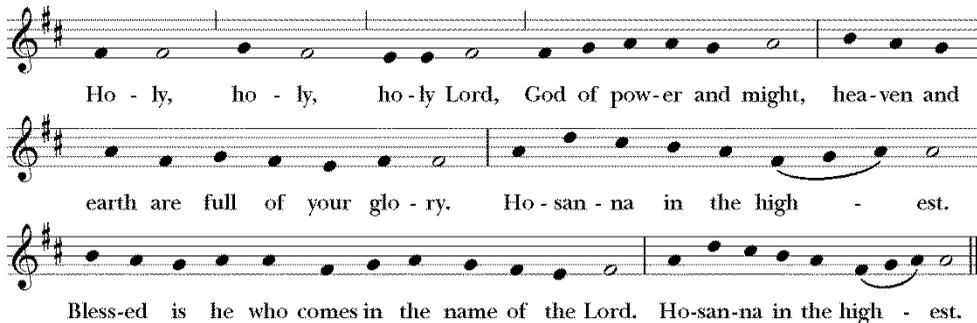
Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give Him thanks and praise.

The presider offers thanks to God for the grace and mercy made available to us in Christ. In response all sing:



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.

Therefore, according to his command, O Father:

We remember his death,

We proclaim his resurrection,

We await his coming in glory;

The presider concludes with prayer for the coming of God's reign.

Great Amen *We sing the "Amen" twice to the tune of "Come, Bring Your Burdens to God"*



A - men, a - men, a - men. A - men, a - men, a - men. A - men, a -
men, a - men. A - men, a - men, a - men.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

Lamb of God, you take away the sins of the world:
have mercy on us.
Lamb of God, you take away the sins of the world:
have mercy on us.
Lamb of God, you take away the sins of the world:
grant us peace.

Administration of the Sacrament

All are invited to receive the Sacrament of the Holy Eucharist. Gluten Free wafers are available, on request, from the minister. On the left (West) side of the altar rail, the chalice is filled with white grape juice, as a sign of welcome for those who choose not to consume wine. On the right (East) side of the altar rail, the chalice is traditional red wine. Please feel free to cross the aisle for your preferred chalice. If you would prefer to receive a blessing, simply cross your arms over your chest.

Hymns During Communion:

see insert

The congregation is invited to join in the singing of communion hymns.

Post Communion Prayer *please kneel or stand*

Book of Common Prayer, p.365

Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his **Body and Blood.**
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. **Amen.**

Lay Eucharistic Minister Sending Prayer

On certain Sundays, the Presider distributes a communion kit to each Lay Eucharistic Minister saying:

On behalf of God and The Church of the Holy Communion, I send you forth bearing these holy gifts that those whom you will visit may share with us in the communion of Christ's Body and Blood.

Amen.

The Blessing *The people stand or kneel as the presider proclaims the final blessing.*

Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind, and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

Exit Hymn *please stand as the altar party processes out*

see insert

The Dismissal *our worship has ended, our service in the world continues*

Let us bless the Lord.

Thanks be to God.

Postlude *the organist or another musician plays music as the candles are extinguished.*

Supplemental Music

Will You Come and Follow Me

1. Will you come and fol - low me if
2. Will you leave your self be - hind if
3. Will you let the blind - ed see if
4. Will you love the "You" you hide if
5. Christ, your sum - mons ech - oes true when

I but call your name? Will you go where you don't know and
I but call your name? Will you care for cruel and kind and
I but call your name? Will you set the pris - 'ner free and
I but call your name? Will you quell the fear in - side and
you but call my name. Let me turn and fol - low you and

nev - er be the same? Will you let my love be shown? Will you
nev - er be the same? Will you risk the hos - tile stare should your
nev - er be the same? Will you kiss the lep - er clean, and do
nev - er be the same? Will you use the faith you've found to re -
nev - er be the same. In your com - pa - ny I'll go where your

Liturgical Changes During Lent

- 1) **Purple frontal color and matching vestments.** The altar and clergy wear purple, the liturgical color that symbolizes both the pain of the cross and royalty. It symbolizes the long walk to Calvary and our hope of Easter.
- 2) **No flowers:** During Lent we forego the use of flowers in the church, in keeping with the mood of simplicity, penitence, and reflection.
- 3) **Penitential Order:** During Lent, we move the confession of to the front of the service, instead of during the prayers of the people.
- 4) **Different Music:** During Lent, we forego a Gloria, and instead sing a Kyrie, “Lord have mercy.” In general you may notice that the music is simpler, quieter, and sometimes in a minor key.
- 5) **No Alleluias in Lent:** The word “Alleluia” is neither sung nor spoken during Lent, except at a funeral service. As we catch ourselves where we are accustomed to using this word, we are reminded of the solemnity of Christ’s dying for the sins of the world.
- 6) **Eucharistic Prayer B:** We are accustomed to “Enriching our Worship,” a more modern version of the Eucharistic prayer which balances gender pronouns for God. Prayer B, which can be found on page 367 of the Book of Common Prayer emphasizes our union with Christ in his sacrifice.
- 7) **Silence:** In our busy world, we are not accustomed to much silence. Lent is a season of austerity, of reflection, and for slowing down. As such, we emphasize moments of silence in the liturgy, especially at the beginning of the service. There will be no musical prelude in this season, and we ask you to please remain silent as you enter church.

Holy Week and Easter Schedule



Palm Sunday, March 25

Come and join the big procession to recall the story of Jesus' triumphal entry into Jerusalem and to proclaim God's victory over sin and death.

8:00am Liturgy of the Palms and Holy Eucharist

10:30am Liturgy of the Palms and Holy Eucharist

We will gather outside for a New Orleans

"Second Line" style procession,



Maundy Thursday, March 29

We walk through the story of Jesus' last night with his friends: washing each other's feet, eating supper, sharing the first Eucharist, and reposing to the darkness of the garden.

5:30pm Family service with Foot Washing and Simple Eucharist

7:00pm Choral Eucharist with Foot Washing and Stripping of the Altar



Good Friday, March 30

We encounter the greatest mystery of our faith, when the cross of death becomes the tree of life.

12:00pm Spoken Service

5:30pm Children's Service: The Stations of Holy Week

7:00pm Choral Service



Holy Saturday, March 31

This is the most beautiful, the most sacred, the most mysterious liturgy of the whole year!

9:00pm The Great Vigil of Easter

Alleluia! Christ is Risen!

Easter Sunday, April 1

8:00 am Spoken Eucharist

10:30am Choral Eucharist

11:45am Easter Egg Hunt for children age 12 & under

Practice of Prayer and Discernment

Are you facing one of life's big questions? Are you standing at a time of transition? Be a part of our Lenten discernment group at Holy Communion.

On the Wednesdays of Lent we will have a gathering for Contemplative Prayer each Wednesday Evening at 6:00pm. Each week we'll explore various prayer practices from Silent Centering Prayer to the Stations of the Cross. The evening prayers will finish by 6pm, and we will gather for a simple soup supper.

During supper, we will have a chance to talk about the spiritual practice of discernment. How do we listen for God's voice in the big questions (and the small quandaries)? How can we make decisions in our own lives, and in the life of the church?

All are welcome to participate in both or either the services of prayer and the dinner/discussion. Join us.



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Brian Barnhart, *Treasurer*

Angela Burroughs-Kelly, *Secretary*

Tahnee Jackson-Whitlock, Shirley Mensah, Rudy Nickens,
Megan Ondr, Pat Redington, Alisa Williams

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