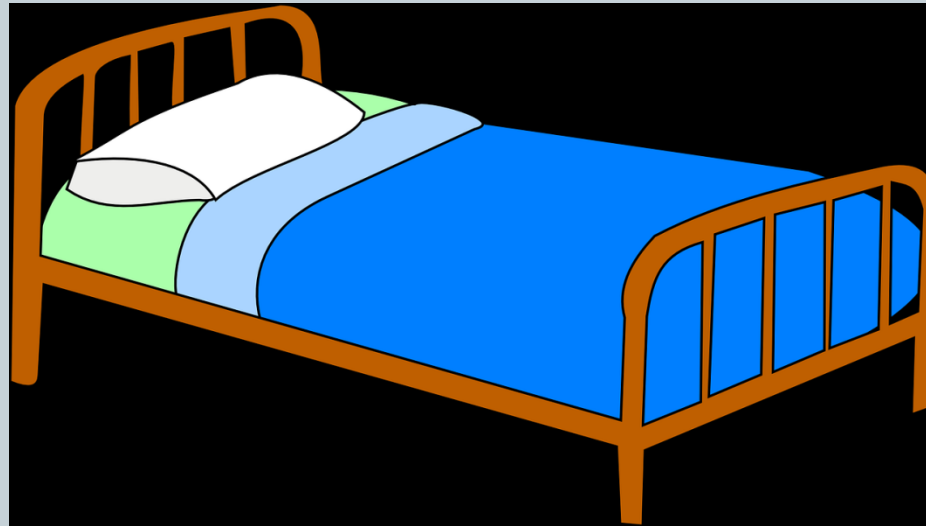


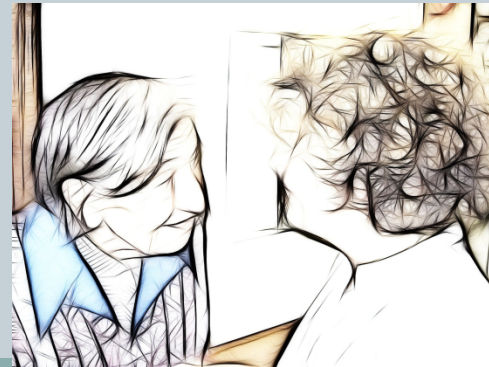
Caring for a Patient at Home



Can you do it?



- No one person can provide 24-hour care
- Other family or friends might be available
- You may be able to hire some assistance
- The doctor may order skilled home health
- Someone who can roll the patient over must be consistently present



Skilled Home Health



- Provided under physician orders, almost always for a short term.
- Staff will address the patient's medical needs, and will teach skills to the patient or caregiver.
- Depending on patient needs, may include nursing, physical, occupational, and speech therapies, and social work.



Hospice



- Life expectancy is less than 6 months
- Active treatment has been discontinued
- Focus is on comfort measures
- Includes equipment, medication, nursing, social work, chaplaincy, and therapies
- Bereavement follow-up is provided



State-Provided Services



- **Personal Care and Chore Services under Medicaid**
 - call Home and Community Services 314-340-7300
- **Title III chore services**
 - City: 314-612-5918
- **Home-delivered meals**
 - City: 314-612-5918
 - County: 636-207-0847



Community Resources



- Meals on Wheels (314)268-1523
- Sliding-scale case management
 - Lutheran Senior Service (314)446-2475
 - Cardinal Ritter Senior Service (314)961-8000
- Center for Hearing and Speech (314)968-4710
- Philips Lifeline (800)543-3546

In-Home Assistance



- In-home agency workers
 - Home Care Assistance (314)863-8989
 - Bright Star (314)984-8650
- Direct Hire: **CAUTION**
 - Family Care Safety Registry (866) 422-6872



Community Resources



- Older Adults Resource Guide
- Society for the Blind (314)968-9000
- Alzheimer's Association (314)432-3422
- Memory & Aging Project (314)612-5911
- Parkinson Disease Association (314)362-3299
- Peregrine Society (314)781-6775
- Elder Hotline (800)392-0210

